The blessed man

- 1 Undefiled (Whole spiritually)
- 2 Walks in the law of the Lord (walks in the word)
- 3 Keep his testimonies (watches over the testimonies he's received)

Intro

- ~ Ask for a raise of hands of those who would want to be blessed by God
- ~ There are many books written about having the blessing of God in our lives. Unfortunately much of that comes at the risk of making God like Santa Claus where we give God a list of needs, desires and mandates.
- ~ We make the request of God to bless our lives but we so often (which isn't wrong) but we do so at the peril of not wanting to pay the price of doing what God requires to be blessed
- ~ Example we pray to be blessed but we don't want to make the sacrifice of self to put ourselves in the position to be blessed
- ~ We want a blank check from God
- ~ The problem is...when we read our bibles it's not that easy. The bible lays out for us requirements to be blessed

~ Outline

- 1. Wholeness (integrity, upright, complete)
- 2. Walking
- 3. Watchman (watching, guarding our deposit of the word in our lives

Text

- ~ Blessed (835 esher) happy, happiness
 - Just as Jesus opened his teaching ministry with the Beatitudes in Matthew 5 of blessed are the Psalmist open Psalm 1 and Psalm 119 with this word blessed
 - The means to be blessed is listed clearly in these first few verses
 - The word blessed appears in v1,2
 - The blessed man also appears in Psalm 1 and parallels this passage
 - In Psalm 1 the blessed man avoids evil and instead delights in the word
 - What are the obstacles to blessedness World, Flesh, devil
 - The world and devil don't care for us to be blessed because if we are it means were paying the price to be blessed by God because of our spiritual wholeness, walking in the word and watching over that word

Wholeness (integrity, upright, complete)

- ~ Undefiled = (8549) entire, without blemish, integrity, truth, perfect, upright & whole, what is complete or entirely in accord with truth & fact
 - 44 times between Exodus and Ezekiel this word is translated blemish and it's used of the animals that are offered as a sacrifice. The sacrifice is to be without blemish. That's our word undefiled here
 - The offering used in the sacrificial systems had to be a pure animal
 - So one of the criteria to be blessed is that we also are without blemish
 - Ps 119:80 let my heart be sound in thy statutes
 - This word is also translated as perfect 18 times in the OT
 - Gen 6:9 (Noah) These are the generations of Noah: Noah was a just man and perfect in his generations, and Noah walked with God.
 - o Gen 17:1 (Abraham) And when Abram was ninety years old and nine, the LORD appeared to Abram, and said unto him, I am the Almighty God; walk before me, and be thou perfect.
 - O Deut 32:4; 2 Sam 22:31 As for God his way is perfect (undefiled)
 - I went to staples during my lunch break on Friday to turn in some ink cartridges and get a few supplies for the church. I asked my boss if he needed anything and he needed a black and color ink cartridge. The clerk failed to charge for one of the cartridges so he sent me back to pay for the unpaid for cartridge integrity
 - What are the defilements to our life? Attitudes, secret sins, anger, resentment, bitterness, judgmentalism, pride, worry, negativity, mouth, mind

• To be blessed by God we must be whole spiritually. Not a fragmented Christian

Walking

- ~ Walk (1980 Halak)
 - Halak = to go, depart, manner of life, to live
 - They walk in a certain way = in the law of the Lord
 - We may never know what's it's like to walk in someone else's shoes BUT we can all know what It's like to walk in the law of the Lord
 - Our walk is the way we live and conduct ourselves
 - We all find ourselves at different places in life with different challenges as we try to walk in the word
 - Psalmists use of walk
 - Ps 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
 - o Ps 26:11 But as for me, I will walk in mine integrity
 - o Ps 84:11 no good thing will he withhold from them that walk uprightly.
 - o Ps 86:11 Teach me thy way, O LORD; I will walk in thy truth: unite my heart to fear thy name.
 - o Ps 138:7 Though I walk in the midst of trouble, thou wilt revive me
 - What makes this walking the Psalmists speak of possible? The word of God
 - Eph 4:1-3 I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, 2 With all lowliness and meekness, with longsuffering, forbearing one another in love; 3 Endeavouring to keep the unity of the Spirit in the bond of peace.
 - Some celebrity pastors wear really expensive shoes called "kicks"
 - We may not have expensive shoes but any person may walk in the law of the Lord
 - No one needs special footwear to walk in the ways of the Lord
 - We may actually find that those with the least footwear may do the best walking
 - How beautiful are the feet of those who spread good news
 - The NT equivalent is Ephesians 5:15, "see then that you walk circumspectly, not as wise but as fools."
 - We have the whole counsel of God's word to guide us in our walk
 - The word is given to prepare, transform and guide us in our walk/relationship with Christ
 - To be blessed we must walk in the word of God

Watchman (watching, guarding our deposit of the word in our lives

~ Blessed are they that keep his testimonies

- Keep (5341) To guard from danger, to protect and obey, to guard with fidelity, watchman
- Keep (v2, 4, 5, 8, 22, 44, 60, 101, 106, 129, 158, 167, 168)
- Keeping the word is commanded –v4
- List different examples of keeping the word in Ps 119
- We not only need to hear the word but guard it as well
- When we have something valuable we guard it (my truck in garage for winter, lockboxes, locks on doors)
- Rev 1:2.3
 - o Rev 1:2,9; 6:9 John bore record of the word of God and testimony of Jesus Christ
 - Rev 1:3 blessed is he who reads, hears, and keeps this word
- Deut 30:6-20
- To be blessed we must watch over and guard the word that we have

The opposites

- Being unwholesome spiritually
- Not walking the law of the Lord
- Not keeping God's testimonies

Conclusion

- ~ We do so much to position ourselves for the future. Retirement, life insurance, a house with one floor to avoid steps when were older
- ~ Do we position ourselves to be blessed by God by pursuing wholeness, walking in the word and watching over that word in our life?